



Filling Post-op Instructions

When anesthetic has been used, your lips, teeth and tongue may be numb for several hours after the appointment. The filling material is completely set and you are able to chew right away on the fillings, but you want to be cautious that you do not bite your tongue, lip or cheek.

It is normal to experience some hot, cold and pressure sensitivity after your appointment. Your gum tissue may be sore for several days. We recommend taking 600-800mg of Motrin and rinsing with warm salt water (1/2 tsp. salt in 8oz warm water) to reduce pain and swelling.

If your bite feels high or you feel any sharp or rough spots, call the office to schedule an appointment for an adjustment.