



## **Implant Post-Op Instructions**

- It is normal to have some minor swelling or stiffness in your jaw after having the implant placement.
- You will have sutures placed that will need to be removed in 1 week.
- Avoid vigorous chewing, spitting, rinsing your mouth or drinking through a straw for the first 24 hours.
- A softer diet is recommended for the first 24 hours. We recommend avoiding hard, crunchy foods or anything with small seeds for the next week.
- Begin doing warm salt water rinses the day after your surgery. You will also be given a prescription mouth rinse to use along with the salt water rinses.
- You will be given a prescription an antibiotic. It is imperative that you finish the antibiotic to prevent infection. We recommend that you take 600-800mg Motrin before the anesthetic wears off. You will also get a prescription for a stronger pain medication in case it is needed.
- Brush very gently in the area around the implant. You may notice a silver cap at your gum line. This is very normal to see. It is a healing screw that helps to mold your gum tissue. It will be removed when it is time for your implant crown to be placed. It is important to brush the top of the healing screw to keep the area clean and the bacteria level down.
- If you are having any kind of pain that is not being controlled with Motrin or the prescription pain medication, call the office right away to be seen. Office Emergency Line: 443.300.7936