



## **Crown/Bridge/Onlay/Veneer Post-Op Instructions**

When anesthesia has been used, your lips, teeth, and tongue may be numb for several hours after the appointment. Use caution if you are going to eat while still numb as the chances of you biting your lip, tongue or cheek are higher.

The gum tissue around the prepared tooth/teeth may be sore for several days. We recommend rinsing your mouth with warm salt water (put a teaspoon of salt in a cup of warm water, rinse and spit) to reduce pain and swelling. There are times when a prescription rinse may be dispensed to assist with gum tissue healing. It is important to use as directed. Your tooth may feel sensitive to temperature, sweets, or biting. This is normal and should subside in a few days. We recommend taking 600-800mg Motrin for any discomfort. If the sensitivity is severe, lingers for minutes at a time, or you are having pain that is not controlled by pain medication or keeping you up at night, please contact the office immediately for an evaluation.

Do not eat anything sticky, hard or chewy as this may pull the temporary off or break it. Do not use a Waterpik or electric toothbrush around the temporary restoration(s). When flossing around the temporary restoration, pull the floss through to avoid dislodging the temporary. Once the permanent restoration is placed, you may brush and floss normally. Should a temporary inadvertently come off, contact the office immediately to have it re-cemented. It is important to get the temporary re-cemented to prevent the surrounding teeth from shifting which could potentially cause the permanent crown to not fit properly.